



S I G N I F I C A N T T W E L V E



R E F L E C T I V E J O U R N A L



# Cross Your Jordan



The Significant Twelve Reflective Journal is a tool that has been designed to work alongside The Significant Twelve Blog Series.

A series that is based on the personal testimony of our Founder Kelleigh Husdon— where she invites you into little snippets of very significant events, prayer points and her encounters with the Holy Spirit. Within areas of Healing, Deliverance, Disappointment, Growth, Excitement, Hope and Transformation.

“

Joshua 3 9-13

9 Joshua said to the Israelites, "Come here and listen to the words of the Lord your God.

10 This is how you will know that the living God is among you and that he will certainly drive out before you the Canaanites, Hittites, Hivites, Perizzites, Girgashites, Amorites and Jebusites.

11 See, the ark of the covenant of the Lord of all the earth will go into the Jordan ahead of you. 12 Now then, choose twelve men from the tribes of Israel, one from each tribe.

13 And as soon as the priests who carry the ark of the Lord—the Lord of all the earth—set foot in the Jordan, its waters flowing downstream will be cut off and stand up in a heap.

Although we are living under the New Covenant of Yahweh, we can still glean wisdom and understand the divine nature of God and His people through The Old Testament. During this period of my life I found myself in a place where I wanted to seek God like never before, there was thirst, a need to dig deeper into the depths of the omnipotence of Yahweh.

Just like the 12 tribes of Israel had experienced the presence of God when they crossed the river Jordan, I too knew that I very much needed God to make it across my own personal Jordan in 2022.

I knew I needed Jesus every step of the way, everyday, every week and every month of 2022. As I journeyed along the 12 months, every month became a memorial stone that I am now sharing with you.

The Reflection Journal has been designed with the hope of inspiring and motivating your spiritual life and personal walk with God. You can complete this as and when you feel led to go through the stones - there is no set way to use the Journal, simply start at stone one—pray and ask God what area in your life He would like you to start.

This is your Journey—Your River—Your Crossing

Kelleigh Wooderson-Hudson



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# Well Well Well

Let me start by saying that I am really excited for you as you begin to journal your journey with God at this stage of your life. This is your Jordan, testimony and your memorial stones, which will empower and enable to share all of the Gods love, faithfulness and promises! As you encounter Yahweh and changes within your spaces.

How amazing is this? I really look forward to hearing about your testimonies, I know there is purpose awaiting within you it maybe in a form of a book, a mission, a project or ministry that's awaiting to be birthed.

You are the women at the well sitting with Jesus, asking Him to give you a drink of the living water, you are so thirsty for the things of God, you so desperately to be in his will, to see and experience His miracles signs and wonders here on the earth and in your own personal life!

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Let's invite God in,  
it is time to go deep and deeper still,  
deep into the depths of the living water



Joshua 3 9-13

<https://lifeessence.uk/2023/01/01/well-well-well-stone-one/>

# Reflection & Meditation

Reading. Read a passage slowly and carefully again-What is it saying to you personally?

Meditation. Think deeply or dwelling upon a spiritual reality within the passage

Contemplation. Resting in Gods presence.

Prayer. Have a loving conversation with God. What is God saying to you?

Action. Go and do likewise. What is God telling you do?



# Reflective Notes



# Illustration



# Home Sweet Home

“  
God sets the lonely in families, he leads out the prisoners with singing; but the rebellious live in a sun-scorched land

Psalm 68:6



As God has led you to Stone number 2, you maybe wondering why? Or you may already know the reason! What I do know is, is that God cares about you, the church community that your part of.

God has pinned pointed this arera of your life as He wants to be invited in and to speak to you in this particular season about your church home, fellowship and personal worship.

Now, you may remember a time when you didn't have a church home, were looking for a new home or thanking God that you have and are settled in a good church home.

Or you may still be struggling and have not been back to church for a while, you have never stepped into church or a new believer settling into walk with Christ.

You may want to ask yourself questions such as this:

- Am I having fellowship?
- Do I need to find a church home or a new church home?
- How am I serving in my church?
- How am I worshiping ...can I go deeper?

“  
And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work.  
2 Corinthians 9:8

Once you have identified where you are, write it down, pray and talk to God by inviting him into your area of need.



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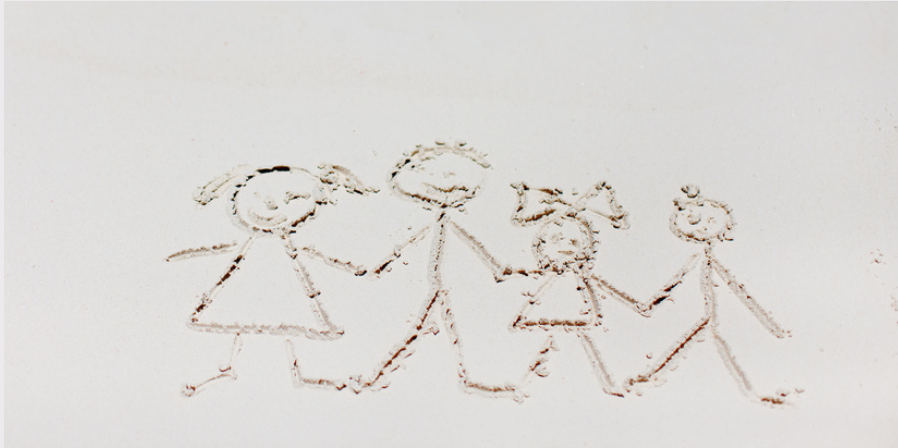
# Reflective Notes



# Illustration



# Together- Natural Family



16 "Honor your father and your mother, as the LORD your God has commanded you, so that you may live long and that it may go well with you in the land the LORD your God is giving you.

Ephesians 6:2

Show me a family that does not have any problems, I can guarantee that you will find none. Families are private, so they tend to keep any drama, pain, and hurt to themselves. Unless they are in the public eye like we have seen with the British Royal Family, with Harry & Megan.

The way I look at it is that we all get it wrong in life and make mistakes, however, it is how we work through, acknowledge, heal, and move forward that makes all the difference. No family is perfect!



"He replied, "Every plant that my heavenly Father has not planted will be pulled up by the roots.

-Matthew 15:13

"How wonderful, how beautiful when brothers and sisters get along-Psalm 133:5

"Blessed is the man that trusteth in the Lord, and whose hope the Lord is.- Jeremiah 17:7-8

Family, not always a easy area to look at for many reasons, if you have not read this blog I would recommend doing so.

As you read through the blog and read the scripture, you may have found yourself wondering about your own family and friendships, ones where you have maybe lost connections or are broken for a variety of reasons from, distance, betrayal, addictions, abuse, divorce, toxic behaviors, and family arguments.

God is a God of restoration and when you invite Him into your own life and your family's lives, there will be a change.

He will make it right, in His own way. God loves family, unity, and togetherness, He told Adam and Eve to multiply and fill the earth-God made Family!

"Come now, and let us reason together, saith the Lord: though your sins be as scarlet, they shall be as white as snow; though they be red like crimson, they shall be as wool.

If ye be willing and obedient, ye shall eat the good of the land" Isaiah 1:18-19 KJV

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# Reflective Notes



# Illustration



# The Love Embrace: Delivered

“Deliverance is defined as “a rescue from bondage or danger.”

I recommend you read the blog as this will give you more insight into the subject!

I don't know about you but I want to be rescued from danger! I want to be free from the yoke of slavery, is this not why Christ died for us?

You may have experienced events in your life that have hurt you and you may need to experience God's deliverance.

Your experiences, and behaviors may look different from mine. You may be struggling or have been affected by someone else's trauma, you may even be battling addiction, the effects of sexual abuse, trauma, shopping addiction, anger, bitterness, defensiveness, anxiety etc.

You may even be thinking of times when you cried so hard you thought your head would explode and no one even knew about it! (Remember in this moment and at that moment God sees and knows)

Express and give your tears to God.

Don't bottle them up inside

He wants them poured into a new bottle!



“It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.”

Galatians 5:1

“8 You keep track of all my sorrows. You have collected all my tears in your bottle. You have recorded each one in your book.  
  
8 You've kept track of my every toss and turn through the sleepless nights, Each tear entered in your ledger, each ache written in your book.

Psalms 56:8



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Speak to God-tell him how you feel, ask him for what you need right now and ask him to provide it- whatever is in your heart to say, say it, God is all ears!

Action. Go and do likewise.



# Reflective Notes



# Illustration



# Healing (inner healing)

I quote it! I shout it! I snap my fingers and cock my head declaring it!  
But do I truly believe it.....Not always if truth be told! (read blog)  
do you truly believe it?

Well the truth is we are fearfully and wonderfully made, we are made in the image of God. However, our perception of ourselves can be very much altered by the things we experience, how people have treated us, and the negative things that people have said about us.

And in all honesty, the things people might still be saying to us out of their own insecurities. The world we live in is image-based, fast-paced, superficial, and outwardly focused.

Our finances, body image, status and lifestyle are governed by celebrities, the internet, cultural ideas of what specific groups (even churches) or individuals define as beautiful and the list goes on....

The comments on our hair, our weight, our height, our makeup, features, to curly, to straight, too fat too thin, underdressed, overdressed, not enough, too much it's endless, to say the least!

It can be so easy in the society we live in to forget that God made us unique, different and special.

“ I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.  
Psalm 139:14

Now is the time for you to sit and reflect on what you have read and see what the scriptures and what God is directly saying to you.

God's heart truly does explode for us and he loves broken people like you and me. It is in His loving embrace that we are delivered, healed and made whole.

“He heals the brokenhearted and binds up their wounds”  
(Psalm 147:3).



Lean on God and allow Him to continue the process of healing your broken heart.

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# Reflective Notes



# Illustration



# Emerging

(make the vision and make it plain)

As you sit and reflect on your life and the things you have and achieved, I am pretty sure you have had some thoughts about your own life and where you recognized that maybe you have not built your life, business, or ministry with Jesus and have experienced setbacks, none starters, or you yourself and those around you not seeing your own potential.

Or not supporting you in reaching your full potential by giving you opportunities to grow.

You may be asking yourself:

Where have I gone Wrong?

Why does everything fail?

Why are people always blessed?

When is it my turn?

I have all these Ideas and don't know where to start?

Lord, where are you?

But what about my guilt, regret and self-doubts?

Well, the Good news is you can invite God into every area of your life, in fact, He wants you to submit all your plans to Him and follow His guidance

Let's go even further and say that God wants you to submit your whole life to Him!

Your Ministry, Work, Health, Relationships, and Finances, your whole Life.

He wants you to build your life on His firm foundation and stand on it! He wants you to dig your spiritual foundation deep and develop deep faith!

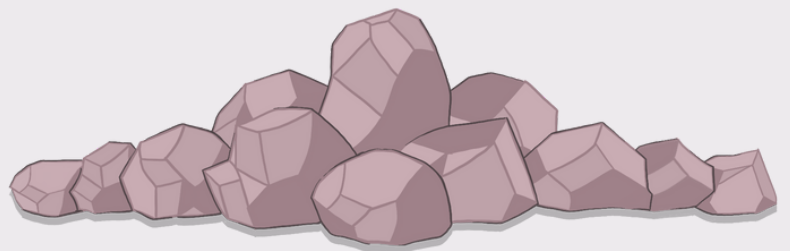
“

Matthew 7:24-25

The Wise and Foolish Builders

24 "Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock.

25 The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock.



“

"The heart of man plans his way, but the Lord establishes his steps" (Proverbs 16:b9)



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Take this time as an opportunity to resubmit your life, goals, visions, and plans to God. Invite Him in and ask for His grace, love, and mercy to fall on you and to bless you with wisdom and understanding for your next steps, be prepared to start all over again if need be and also to work hard :)

Contemplation. Resting in Gods presence.

Prayer. Have a loving conversation with God.

Action. Go and do likewise.



# Reflective Notes



# Illustration



# In the Waste Land



“ ———  
 7 The beginning of wisdom is this: Get wisdom. Though it costs all you have, get understanding.  
 Proverbs 4:7

As you sit and reflect on your own disappointments, I am pretty sure you have had some thoughts about your own life. Times when you have had to give up things and be obedient to God's instructions and what that looked like for you.

Or maybe you are clinging on to something that God clearly wants you to stop doing, or let go of.

This might not be a ministry like in my case. It could be a job, relationship, country, a ministry position even.

“ ———  
 19 Behold, I will do a new thing; now it shall spring forth; shall ye not know it?

I will even make a way in the wilderness, and rivers in the desert. 19 Behold, I am doing a new thing; now it springs forth, do you not perceive it?

I will make a way in the wilderness and rivers in the desert.

Isaiah 43 vs 19

You may be asking yourself;

- What am I going to do?
- Who am I without this thing?
- Lord, why do I have to let it go?
- Lord, what are you doing ?
- Lord, what are you doing?

Well the good news is that God is always available, and you can communicate and invite him into your life and situation at any given moment.

So why not do that now, bring your questions to him and wait for the answers.

The ANSWERS might come immediately or over time!

For the LORD gives wisdom; from his mouth come knowledge and understanding

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# Illustration



# R&R (rest and restoration)

“

"For everything there is a season, and a time for every matter under heaven..."  
Ecclesiastes 3:1-8

24 When a farmer plows for planting, does he plow continually? Does he keep on breaking up and working the soil?  
Isaiah 28:24-28



Putting everything down is not something that comes easy for some of you, it really is hard! It's hard to stop being a source of support within the ministry, it's hard to step down from serving, and it's hard to stop building projects. It's just so hard to stop, as all these activities are things that we love and are called to do.

However, there is a time for rest because God gifted us with rest, and believe it or not even God rested so why don't we?

As you sit and reflect I am pretty sure you have had some thoughts about your own life and where you should have been resting but maybe didn't.

You may be asking yourself:

- What have you been so focused on doing, that you haven't noticed that you need to stop and plant some seeds in your own life?
- Where in your life will you sow seeds of love, joy, peace, and grace today?
- What will these seeds look like in terms of things you enjoy?
- What boundaries need to be put in to ensure your R&R is beneficial to you?

Well, the Good news is God is always available! You can communicate and invite him into your life, situation and your rest at any given moment! So why not start planning now!



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# Reflective Notes



# Illustration



# The Seedling- Growing Well



Pruning is by far one of the most difficult aspects when it comes to taking care of plants. However, if plants are not pruned vital air and light can be cut off from new or already healthy plants.

We are very much like plants, constantly being fed, nurtured, growing and learning new things. Growing can be painful, it can be uprooting, you may feel uncomfortable, stretched, pulled and pushed.

However as believers in Christ, it is important that we embrace growth, be willing to be renewed and transformed, and that we learn from our mistakes.

As you reflect you maybe asking yourself ;

Am I growing well? Where am I being potted or planted? What season am I in? What is God doing in my Life? What is God Trying to Teach me? Are there Growing Lessons that I need to Embrace? Where are the Areas where I need to Practice Patience? What Areas do I need to Enjoy More?

“

11 When I was a child, I spake as a child, I understood as a child, I thought as a child: but when I became a man, I put away childish things.

1 Corinthians 13:11



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# Illustration



# The Balancing Act

(balancing all of the above in life)



“

10 God is not unjust; he will not forget your work and the love you have shown him as you have helped his people and continue to help them.  
11 We want each of you to show this same diligence to the very end, so that what you hope for may be fully realized.

Hebrews 6:10-11

If you have not read this blog, I recommend that you do as there are some practical tips that may also support you.

I am pretty sure you have had some thoughts about your own life, and where you have or haven't got the balance quite right.

Perhaps my blog has also prompted you to think of ways to create balance in your life.

You may be at the point in my life where God has brought about significant changes in your life or is about to. This may include changes in your ministry work, work life, church, family life, and friendship circles.

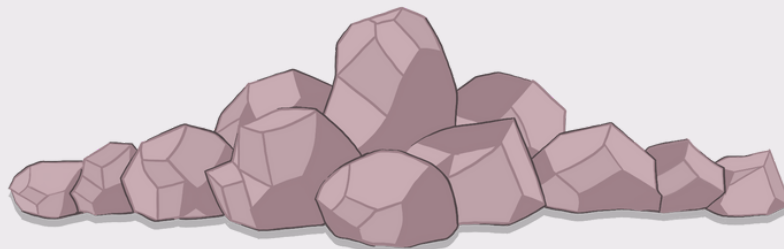
Let my 'No be NO' and My 'Yes be YES' and not over-committing myself to anything or anyone!

Remember that everything you do in my journey must include leisure, serving others in love, and prioritizing your relationship with God!

“

"a voice of one calling in the wilderness, 'Prepare the way for the Lord, make straight paths for him.'"

Mark 1:3





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# Boundary Line



Setting personal boundaries is really important as they really define your identity, boundaries are like the property lines around a home. This is my property, and that is not my property. This is me, what I value, am good at, believe, need, or feel, and that is not me.

After reading the blog, you may start to question the boundaries or lack of boundaries you have in your own life, you may ask yourself;

- Am I meeting my own needs?
- Am I accepting inappropriate behavior?
- Do I have Boundaries with God?
- Am I keeping parts of my life away from God?
- Am I doing my own will and not the will of God?

“

5 Lord, you alone are my portion and my cup;  
you make my lot secure.

6 The boundary lines have fallen for me in  
pleasant places;  
surely I have a delightful inheritance.

Psalm 16:5-6

GOD HAS LOVINGLY SET OUR BOUNDARIES, FOR OUR OWN PROTECTION AND OUR SAFETY, SO THAT WE DON'T GET HURT AND EXPERIENCE UNNECESSARY GRIEF AND PAIN. HE WANTS US TO EXPERIENCE TRUE FREEDOM IN EVERY WAY WITH HIM. WHEN WE LIVE INSIDE GOD'S LOVING BOUNDARIES, WE EXPERIENCE JOY, PEACE, AND MANY BLESSINGS

“

Jesus Said No to Inappropriate Behavior! Unreasonable Demands

15 Yet the news about him spread all the more,  
so that crowds of people came to hear him and  
to be healed of their sicknesses. 16 But Jesus  
often withdrew to lonely places and prayed.

Luke 5:15-16



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J O S H U A 3 V S 9 - 13

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Just like the 12 tribes of Israel had experienced the presence of God when they crossed the river Jordan, I too knew that I very much needed God to make it across my own personal Jordan in 2022.

I knew I needed Jesus every step of the way, everyday, every week and every month of 2022. As I journeyed along the 12 months, every month became a memorial stone that I am now sharing with you.

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Kelleigh Wooderson-Hudson



S I G N I F I C A N T   T W E L V E  
R E F L E C T I V E   J O U R N A L



Significant Twelve Reflection Journal

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Founder Kelleigh Wooderson-Hudson